


Infant and Toddler Choice Board

Language and Literacy Understanding language & building vocabulary		Science and Math Understanding my physical world		Sensory and Art Experiencing my world	
<p>Reading Nook Cut a 'door opening' in a large cardboard box. Help your child decorate the box. Add comfy pillows and a favorite stuffed animal. Put a basket of favorite books beside it. Child can 'read' in their special nook.</p>	<p>Texture Book Sew different texture materials (corduroy, silk, sandpaper) together on one side to form a book or place them all in a basket to explore. Use descriptive words as the child explores different textures.</p>	<p>Filling & Pouring (conservation & physics) Give child cups & scoop to fill a small watering can. Let them help water container plants or garden.</p>	<p>Water Painting Fill a small bucket with water. Give child 1" & 2" paintbrushes. "Paint" on the sidewalk, driveway, or wooden fence. 'Paints' on dark, then dries/disappears. Help child notice the process.</p>	<p>Playdough Make playdough. Recipe Encourage toddler to poke, squish, roll the dough. Add things for imagination like cookie cutters, animals to make tracks, pots & pans for 'cooking.'</p>	<p>No-Mess Painting Cover a table or large piece of cardboard with a white shower curtain. Put blobs of paint, shaving cream on the curtain, then tape a clear shower curtain on top. Child explores pushing/poking paint without mess!</p>
<p>Sing Songs Sing participation songs with your child like Pat-a-Cake, Old MacDonald, Wheels on the Bus, Zoom Zoom Zoom, etc.</p>	<p>Family Book Make a photo-album book from pictures of child's favorite people and things. Spend time pointing to and talking about the people/ places/things. Will become a favorite!</p>	<p>Nature Walk Take a walk outside with your child. Point out interesting birds, animals, plants, etc. Touch natural materials and talk about how they feel and look.</p>		<p>Sudsy Water Fill a dishpan with a small amount of sudsy water. With your baby in your lap, let them run their hands through the water and explore the bubbles.</p>	<p>Washing Babies In a dishpan with a small amount of sudsy water, add waterproof babies, infant washcloths, shower puffs, etc. Encourage toddlers to 'wash their babies'.</p>
<p>Share a Book Spread a blanket on the ground outside and share a book with your child. Remember to include non-fiction books with pictures of animals/birds/trees. Point to and describe pictures and nature.</p>	<p>Routine FUN Sing songs to familiar tunes about routines. Helps teach sequence of events, and child has fun with routines! <i>Mary Had a Little Lamb</i> "This is the way we clean up our toys, wash our hands", etc.</p>	<p>Size and Shape Give child variety of items and containers. Child will experiment with size and shape while seeing what items will fit into which containers. Paper towel tube, jars of different sizes/shapes.</p>	<p>'Treasure' Sorting Collect items while on a walk. Using a box with dividers or a large muffin tin, help child sort their treasures by type, color, texture, etc.</p>	<p>Ball Painting Put paper in a large shallow box, Dip a whiffle golf or T-ball into paint and put on paper. Encourage child to push the ball around the paper with a spoon and watch the tracks it makes. Try different types of balls.</p>	<p>Finger Paint Yes it's messy - but so fun! Recipe Tape an old shower curtain onto a low table. With a smock or old shirt on, encourage child to explore paint - point out marks from fingers & colors.</p>